

## Training and Professional Background

Diploma in Education  
LCCIEB Tutor & Cambridge  
Examiner for Business & Tourism  
Business Owner in Switzerland,  
Poland and UK  
Certified Coach with  
CoachU in USA  
Diploma in Coaching Supervision  
Member of BBC Coach  
Supervision Group

## Route to Coaching

After fourteen years running her own language schools, Jackie decided to set up her own Executive Coaching Business where she provides coaching and training to both individuals and teams. She has recently been an executive coach for AIRBUS coaching top executives throughout Europe. She has also been a Board Director for the ICF (International Coaching Federation) and was the founder of the Brighton & Hove Speakers Club chartered by Toastmasters in 2001.

## Coaching Style

Jackie's coaching style is one where people at all levels feel totally heard in a non-judgemental space. Executives are encouraged to explore and stretch their thinking. She supports leaders to broaden and deepen their skills, whilst bringing structure and focus to the sessions.

Portland  
Consulting Group



# Jackie Arnold



## Personal Details

Jackie was born in London and has lived in Switzerland and Italy. She returned to the UK in 1986 and has travelled extensively in Europe and the Far East. She is a published author and is married with three lovely daughters. She is a keynote speaker and holds the Toastmasters Advanced Leadership Award.

## Career Pattern

Jackie spent 16 years abroad working in a range of organisations as a trainer and consultant. She then established her own language schools in Switzerland, Poland and the UK specialising in English for Business. More recently she has worked as a coach/consultant for a wide variety of both private and public sector companies. She has been involved in coaching and leadership programmes for local councils in Kent, Manchester and Newcastle. Completing a three-year coaching contract with Airbus top executives in France, Germany, Spain and UK has meant Jackie now has a wealth of experience coaching both cross-culturally and at the very highest level.

## Coaching Focus

Jackie's areas of specialism are; Cross-cultural communication and leadership development. Managing change programmes. Developing teams. Supporting executives to enjoy both work and home life to the full.

## Assessment Tools

Honey & Mumford  
Insight Learning Styles  
Familiar with Myers Briggs  
Type-Indicator,  
DISC & Belbin  
Van John's Personality  
Adaptations